

TRANSITION COURSES



WHO AM I (SELF-ASSESSMENT)

This introspective online course encourages students to explore the fundamental question, "What matters to me?", by examining stories of people who are passionate about their careers. It delves into understanding unique learning styles and strengths, helping students answer the question, "How am I Smart?". The course also intertwines personal beliefs and values with career choices, guiding students to align their professional paths with their individual identities and core values.

CE1

6 HOURS

\$300



HOBBIES, STRENGTHS AND CAREER PATH

This online course is designed to help learners understand how their hobbies and interests can evolve into fulfilling careers. Participants will reflect on their daily activities and how these can inform their career choices. They will then discuss the necessary skills needed to transform their passions into professional success. Through this course, students gain insights into aligning their personal interests with viable career paths, learning to leverage their time and skills effectively.

CE2

3 HOURS

\$150



CAREER EXPLORATION: CAREER CLUSTERS

This online course will give students the opportunity to take an in-depth look at 16 career clusters. These clusters are grouped into the following 6 fields:

- Agriculture, food & natural resources
- Arts, communications & information systems
- Health science technology
- Engineering, manufacturing, technology
- Human services
- Business management & administration

CE3

9 HOURS

\$450

TRANSITION COURSES



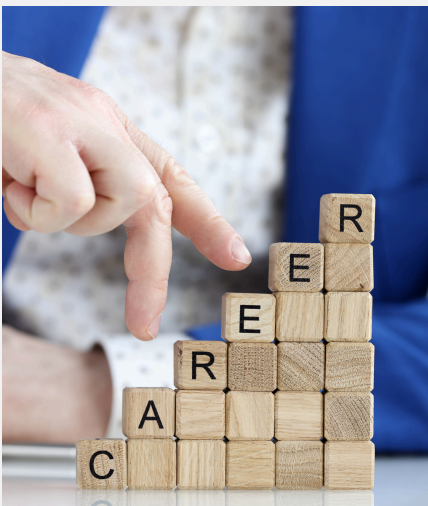
WHAT ARE MY CAREER AND JOB GOALS?

This online course provides a comprehensive guide to setting and achieving career goals. Students will learn the fundamental principles of goal setting and define specific employment and educational objectives. Participants will explore various post-secondary education pathways and learn how to navigate agency options that can support their career journey. The course outlines how to select an appropriate course of study to meet these goals. Finally, students will create a tailored action plan that maps out the steps necessary for success in their chosen employment and education endeavors.

CE4

6 HOURS

\$300



HOW DO I GET TO WHERE I WANT TO BE?

In this online course, students will explore key skills and activities essential for career advancement. The curriculum covers effective networking techniques, in-depth research methods, mastering the art of interviewing, and honing writing skills for professional communication. Additionally, it emphasizes the practical experience gained through job shadowing, internships, and apprenticeships.

CE5

6 HOURS

\$300

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IS COLLEGE RIGHT FOR ME?

This online course delves into the myriad options available after high school, focusing on the benefits of college education, understanding college-related terminology, and special programs for students with disabilities. It also offers an in-depth exploration of various college majors, helping students make informed decisions about their academic and career paths.

PS1

6 HOURS

\$300



GOING TO COLLEGE WITH SUPPORT

This online course emphasizes the importance of building a strong support network in college, teaching strategies for forging lasting relationships and networking effectively on campus. It underscores the necessity of setting clear post-high school goals and guides students through developing a comprehensive 4-year action plan to prepare for a successful college experience. The course combines practical advice with actionable steps to ensure students are well-equipped for their academic journey.

PS2

4 HOURS

\$200



PAYING FOR COLLEGE

This online course offers an insightful journey into understanding the costs associated with attending your dream college, including a detailed look at financial aid, scholarships, and federal grants. It guides students through the process of funding their education, with specific focus on completing the FAFSA, and differentiating between federal and private loans. The course aims to demystify the complexities of college costs and financial aid, providing students with the knowledge to make informed financial decisions for their education.

PS3

5 HOURS

\$250

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AFTER HIGH SCHOOL - MANAGING LIFE IN COLLEGE

This online course provides a comprehensive overview of the resources available for students transitioning to college, with a special focus on those designed for students with special needs. It explains how 504 plans are applied in a college setting and details the support and assistance that college disability offices can offer to ensure a successful academic experience.

PS4

3 HOURS

\$150



CAMPUS LIVING

This course will introduce students to campus living options. Students will learn about campus diversity, living with a roommate, and conflict management. The lessons will discuss the importance of understanding your own personality and how you interact with others.

PS5

3 HOURS

\$150



A COMPARISON OF HIGH SCHOOL VS COLLEGE

This course will teach provide students with an overview of what college is like. It will introduce how note-taking and studying are important to college success. The course will also discuss how grades and testing are different than in high school.

PS6

3 hours

\$150

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PLANNING FOR ACADEMIC SUCCESS

This course will discuss goal setting for college as well as maintaining balance in your academic and personal life. Students will learn how it is important to plan time for classes, studying, personal life, etc.

PS7

3 HOURS

\$150



COLLEGE COMMUNICATION

This course will discuss sending emails to teachers and classmates as well as writing thank you notes. Students will also discuss constructive criticism and how to receive and respond appropriately.

PS8

3 HOURS

\$150

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INTRO TO SELF-ADVOCACY

This online course offers a comprehensive exploration of self-awareness, self-advocacy, and special education. Students delve into the concepts of self-awareness and self-advocacy, learning to define these terms, identify personal strengths and weaknesses, and recognize real-life examples. They will explore a historical perspective on disabilities while engaging in learning about the evolution of perceptions towards disabilities, key events that shaped societal attitudes, and the different types of Individualized Education Program (IEP) meetings.

SA1

4 HOURS

\$200



IEP - WHAT IS MY ROLE?

This online course offers an in-depth understanding of Individualized Education Programs (IEPs), legal rights, and self-awareness for students. It covers the essentials of IEPs, including key components and information like goals and modifications. The course also addresses legal aspects under IDEA, Section 504, and ADA, focusing on student responsibilities and accommodations.

SA2

3 HOURS

\$150



COMMUNICATION AND SELF-AWARENESS

The purpose of this course is to improve student communication skills by providing them important strategies, skills, and opportunities for practice and evaluation. Students will learn to effectively disclose their disability and improve verbal communication. The self-awareness section prompts students to engage in research and reflection, highlighting prominent individuals with disabilities.

SA3

5 HOURS

\$250

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ADVOCATING FOR MY NEEDS

This online course is designed to empower students with self-advocacy skills both in high school and post-high school environments. Students will learn self-advocacy meetings, improve their communication skills, and identify their strengths and areas for improvement in self-advocacy. They will also learn how to disclose disabilities appropriately in the workplace, respond effectively to disability-related inquiries, as well as how to communicate with Disability Service offices.

SA4

5 HOURS

\$250



DEVELOPING MY RESOURCES

This online course guides students through creating a comprehensive personal resource. Students will learn about the Summary of Performance and its purpose, compile their own summaries, and understand its applications. They will also compare their initial and current self-assessments using the YOU! and ME! Scales, identify improvement areas, and recognize ongoing growth opportunities.

SA5

3 HOURS

\$150